



## Beginning Dog Obedience (Dogs 4 months +)

Family Members Age 11+

with Paige Tyson. Questions about class content? Call 209.532.6269

\$82 (SR \$63) • 7 classes

Beg	25.310	W	6-7pm	7/15-8/26
Int	25.311	W	7-8pm	7/15-8/26

**Beginning:** In this class, your dog is taught to sit, down, stay, come, heel and easy (walking nicely at the end of the leash without pulling). The dog is taught to move freely and easily with the collar, so one day you barely have to use it. The dog is also taught to perform things and to willingly do or not do things, not just be prevented from doing them. Verbal and/or physical praise from owner is given. This builds a relationship between owner and dog. Any specific problems you are having will be addressed and cured in class or by a lifestyle change at home. You will need a 6 foot leather leash. Instructor will supply the nylon collar.

**Intermediate:** This class will instruct students in off-leash control. This is done with the addition of a 30 foot long line.

**ALL Dogs must have current rabies and distemper vaccinations. A 6 foot leather leash is required. Special nylon choke collar included in fee. Minimum owner age is 11 years old.**

Location: behind the VMSC Building

## Women's Self Defense- Street Chic

Age 14+

with Wani Wynne, 3rd degree black belt Chinese Kenpo karate, blue belt in Gracie Brazilian JiuJitsu.

\$28 (SR \$22) • 1 class

26.317	M	7-9pm	6/29
26.318	Sa	10am-12pm	7/11
26.319	M	7-9pm	7/27
26.320	M	7-9pm	8/17

Get your body and your mind into shape! Have some fun with a fundamental and practical approach to personal protection in a safe/caring environment. A female black-belt instructor will help you learn/practice realistic stand-up and ground applications of Karate and Ju-jitsu. No experience needed.

Location: RMCC



See p. 47 for Digital Photography

## All About Color

**NEW**

with Zara Stender, CID, IDS, CMG Certified Interior Designer

\$33 (SR \$26) • 1 class

21.373	Th	7-9pm	7/23
21.374	Th	7-9pm	8/20

Color has strong often hidden influence on us. It can affect mood, energy, appetite, perception of pain, and even buying decisions. This lecture explains the effective use of color in interiors and the psychological effects of color palettes. What colors can make an inexpensive room look rich? What colors can calm your teenager and enhance study skills? Color expert Zara Stender will reveal the secret influence of color and show you how to effectively use color in your home.

Location: RMCC

## Selling On eBay The Basics

with Robert Robillard, certified ebay teacher

\$55 (SR \$43) • 1 class

<b>The Basics</b>	25.335	Sa	9am-12pm	7/25
<b>The Basics</b>	25.336	Sa	9am-12pm	8/15
<b>The Basics</b>	25.337	Sa	9am-12pm	9/12

**THE BASICS:** Want to begin selling on eBay? Learn: Introduction to eBay; eBay/Paypal Security; Set up an eBay account; Researching items; Create eBay listings that attract buyers; Improve listings with better descriptions and photography; Pricing strategies to maximize profit; Using Paypal; Monitoring sales; Drop Shipping tips; and I sold it. Now what? Avoid the mistakes that many new eBay sellers make. Find other resources to help your business grow! **Students should have a basic knowledge of the computer - Word, etc.**

Location: CAB

## FUN Part-Time Jobs

with Dan Tilles

\$24 (SR \$20) • 1 class

25.315	T	7-9:30pm	6/23
--------	---	----------	------

Get paid to dine out (with your guest!), express your opinion, go shopping, be in a movie, share your hobby, sample food and beverages, work-out, go to the movies and more! No special education or training required. Instructor Dan Tilles has done them all and will tell you who hires and why, how to apply, how much they pay and everything else you need to know to make money having fun. A handout includes names and how to contact companies for these jobs. Also: work scams to avoid and ways to protect yourself. This class is for all ages.

**Lab Fee: \$1 payable to instructor.**

Location: RMCC

## Rhythm & Health Play Shop (all ages!)

**NEW**

with Patter Hatfield

\$50 (SR \$40)

88.340	Thurs	6:30-7:30pm	TBA
--------	-------	-------------	-----

A facilitated rhythm circle event, combining basic drumming & percussion techniques, with irresistible world rhythms. Some instruments provided. "We are the Orchestra". If you have your own percussion instrument bring it. Get ready for some creative expression while riding on the rim of Rhythm. See ya thee! For more information, please call (650) 780-7270.

Location: VMSC